For more than 80 years, The Eddy has provided the very best in nursing home care beginning in 1928 with a 19-bed nursing home in Troy. Today, in addition to a vast range of services for seniors and the chronically ill, The Eddy operates seven of the area’s most respected long-term care residences, each providing 24-hour skilled nursing care in a warm, friendly environment.

With the creation of St. Peter’s Health Partners in October 2011, St. Peter’s Nursing and Rehabilitation Center and Our Lady of Mercy Life Center, both formerly under the St. Peter’s Health Care Services skilled nursing umbrella, became part of The Eddy. Located in Albany and Guilderland respectively, each have 160 beds and provide skilled nursing care and short-term rehabilitation.

Also with the integration, Seton Health’s Schuyler Ridge Residential Healthcare facility joined The Eddy’s residential division. The 120-bed nursing home in Clifton Park also offers short-term rehabilitation, as well as adult day services.

In Troy, Eddy Memorial Geriatric Center is an 80-bed nursing home located on a unique campus which includes independent senior living, enriched housing and adult day services. Eddy Memorial also offers a 40-bed unit designed specifically for residents with Alzheimer’s disease and other dementia.

(Continued on page 4)
It is hard to believe that as of October 1, we have been St. Peter’s Health Partners for one year. We have been hard at work for the past year planning for the many opportunities to better care for people and save lives. We have also been planning and coordinating the efforts of our fundraising teams. Also this month, we will be holding our first St. Peter’s Health Partners Philanthropy Summit to include key leadership from all affiliates of St. Peters Health Partners. This very special event will have a profound effect on the future of our healthcare system. We are uniquely positioned as we seek to transform healthcare for our region by creating a sustainable model of health and wellness that will result in high quality, cost-effective outcomes for our patients and families, and potentially serve as a model for other healthcare systems across the country. Philanthropy will play a key role in our ability to achieve this transformative vision for our region.

The staff leadership of our five foundations of St. Peter’s Health Partners has embarked on a process to identify and implement collaborative opportunities that will help to advance philanthropic support and achieve efficiencies, while carefully preserving the integrity and history of each foundation and the collective donor relationships that have been established over the years. This process, driven by thoughtful guiding principles, has resulted in a plan that focuses on the areas of coordination and collaboration most likely to create the philanthropic capacity to fully achieve the vision and long-term priorities of each campus and the St. Peter’s Health Partners system.

We will be rolling out our plan at the Philanthropy Summit and are eager to fully share the long-term vision for St. Peter’s Health Partners, and our plan to elevate philanthropy to the next level of excellence across the system. As always, please be assured that funds you designate for any one of our affiliated organizations will be used solely for the affiliate you designate.

Our vision and passion for caring for others would not be possible without your generous support. Thank you for all you do to help us to help others.

Best wishes,

Robert F. Bristol, Chair
Samaritan Hospital Launches daVinci Robotic Surgery

In September 2011, Samaritan Hospital launched a new state-of-the-art, computer-assisted robotic surgery program featuring the da Vinci Surgery System®. This technology enables surgeons to perform delicate and complex operations while making a few tiny incisions with unparalleled precision and maneuverability.

An alternative to open surgery or laparoscopy, the da Vinci Surgery System offers patients a variety of benefits, including less scarring, less blood loss, significantly less pain, fewer complications, shorter recovery times, and a faster return to normal daily activities.

Christopher William Gist, MD, a board-certified urologist experienced in the treatment of prostate, kidney and bladder cancers, and who specializes in robotic-assisted surgeries, joined Samaritan Hospital last year to lead the launch of the new program. Dr. Gist had worked extensively with the daVinci Surgical System and previously launched the successful robotic surgery program at Cancer Care Partners, an integrated cancer treatment center of the South Bend Clinic in South Bend, Indiana.

Preparing Students for a Career in Nursing

Memorial School of Nursing & Samaritan Hospital School of Nursing

At Memorial School of Nursing and Samaritan Hospital School of Nursing, our mission is to prepare students for entry into the profession of nursing as competent, caring practitioners.

Since the schools are located on hospital campuses, students have seamless access to clinical experiences. And, because our schools are affiliated with St. Peter’s Health Partners, the region’s most comprehensive network of healthcare and community services, students participate in clinical experiences in a variety of settings, including hospitals, nursing homes, rehabilitation centers, physician offices and daycare centers.

(continued on page 7)
As a Philanthropist, You Can Change Everything

For every important step, there is a philanthropist or several philanthropists who share our vision and who help make change happen. Here are three recent examples.

Marguerite (Peg) Schaefer
Relationship-centered care … caring about as well as for, a resident
This is why Dr. Marguerite Schaefer has established the Marguerite J. Schaefer Institute — to help explore new ways for caregivers to learn about the elders in their care, and to know not only their needs, but also their preferences.

In The Eddy, Dr. Schaefer saw the opportunity to accomplish these goals. Her life-long experience in health-care management is also a resource. With Dr. Schaefer’s leadership gift, as well as the additional leadership gift of Lila Touhey and the gifts of many others, the Marguerite J. Schaefer Institute will provide tools for caregivers for many years to come.

Marcia Nickerson
A communication breakthrough for the isolation caused by Alzheimer’s
In a recent “Foundations” newsletter, we shared the great new ways to communicate with residents with dementia. Called “Life Enrichment,” the program promotes resident engagement and a greater interaction with the world.

Eddy Memorial Geriatric Center realized the importance of “Life Enrichment,” but needed space for programming and resources to continue to train caregivers. Marcia Nickerson understood that need and established the Allan F. Nickerson Life Enrichment Endowment to underwrite workshops, training courses or similar initiatives to help staff members master how to best communicate with our residents with Alzheimer’s disease or dementia.

The endowment is named in memory of Allan Nickerson, Marcia’s father, who was a long-time member of the Beechwood community and served on its board of directors.

Cherilyn Rubin
Helping residents and caregivers deal with stress and anxiety
“Old age, like all the other phases of our lives, should be about life and living. Shahbazim [relationship-centered caregivers] have a duty to sustain the elders with whom they work through the practices of convivium, homemaking and befriending.” — William H. Thomas, MD, (who began GREEN HOUSE® model of nursing home care.)

Sometimes, due to age and illness, nursing home residents experience great anxiety and stress. In these circumstances, the role of the caregiver may be difficult indeed.

Cheri Rubin decided she wanted to acknowledge extraordinary care now and have a way to promote such care in the future. So, in memory of her beloved husband Larry, Cheri has established an endowment for recognition and training of caregivers.

Eddy Nursing Homes ... (continued from page 1)

Also in Troy, Eddy Heritage House Nursing and Rehabilitation Center offers skilled nursing and short-term rehabilitation, as well as respite care – a scheduled, temporary stay that enables caregivers to fulfill other responsibilities or just take some time off.

Eddy Village Green at Cohoes, which opened in 2009, is modeled after THE GREEN HOUSE®, a concept that offers an innovative new approach to traditional skilled nursing care. The Eddy Village Green at Cohoes campus features 16 ranch-style homes, each accommodating 12 residents.

In 2011, Eddy Village Green at Beverwyck opened, bringing the full continuum of housing and residential care to the Slingerlands campus. Eddy Village Green at Beverwyck features two ranch-style homes and is modeled after the Cohoes campus.

Seven trusted nursing homes ... one shared philosophy: enriching the lives of our residents by promoting independence, comfort and a sense of community.
The Legacy Circle

Making a lasting difference for future generations

Northeast Health has been very fortunate to have received bequests and other estate gifts in the past. These gifts have been instrumental in creating the excellent services that we have today. We are very grateful for all the good work we have been able to do to help others thanks to the past planned gifts of generous donors.

This past generosity is one of the reasons we created The Legacy Circle to recognize and honor individuals who have made an estate gift to Northeast Health through a bequest, trust, charitable gift annuity, or other life-income gift. This support makes a difference and strengthens our mission of healing and care to all our patients, residents and their families.

The first annual Northeast Health Foundation Legacy Circle recognition luncheon was held on June 25, 2012 to honor and thank Circle members for including a Northeast Health affiliate in their charitable estate plans. Membership provides for the people in our community for decades and generation to come.

Charitable Gift Annuities

Guaranteed Income for life for you ... then support for what you believe in and care about — exactly where you direct - anywhere at the Eddy, Albany Memorial Hospital or Samaritan Hospital.

Benefits include:
• high income for life, with much of it tax free, increasing your effective after-tax yield.
• a charitable tax deduction now and then, after a full life, your annuity will benefit the charitable purpose that you have designated,... at the affiliate that you have selected

Your annual income rate, locked in for life, is based on your present age.

For example:

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PLUS:
A portion of your income is tax free ... especially valuable when comparing to interest or dividends that may be fully taxable.

Contact Larry Barnet, Silvia Edmonds or Karl Coté and ask for a personalized example for you and your financial advisor to review.
Leading by Example

It’s All in the Family

After 20 years as a volunteer in the Samaritan Hospital gift shop, Jane O’Brien passed the torch on to her daughter, Pat. While you might still see Jane from time to time just for a visit, now the permanent staple is Pat, who, for the last 10 years, has been spending her time continuing the family tradition of volunteering at Samaritan.

Samaritan has always been a part of Jane and Pat. “I fell into this role because of my mother,” Pat explained. “It was very natural for me to come on board. My mother’s friends are now my friends. I love working here and I enjoy seeing old friends and meeting new ones,” added Pat who also serves as president of the Samaritan Auxiliary.

A retired fifth grade teacher at School #12 in Troy, Pat is rooted in the community and is always bumping into students and parents she knows. Pat left the profession in 2003 after 33 years. Her mom was also a teacher — a professor of Informative Writing, Greek and Latin Literature and Speech for 24 years at Hudson Valley Community College (HVCC).

Today, in addition to a tradition of volunteering, Jane and Pat also are leaving a footprint through charitable and estate giving to the hospital and other affiliates of Northeast Health, to help sustain facilities, services and programs for future generations.

You can join Jane and Pat by making a gift to a Northeast Health affiliated organization. If you have already honored one of our affiliates with an estate gift, we hope you will let us know by contacting our Foundation office at (518) 274-0190.

Walk a Mile in Her Shoes

The 2012 WALK A MILE IN HER SHOES® - the International Men’s March to stop rape, sexual assault & gender violence was a resounding success with an outstanding 500 plus attendees. Teams of local businesses, groups of co-workers, students, scouts, athletic teams, families and individuals all rallied against sexual violence. In the process, they educated the community and raised not only awareness, but more than $65,000!

Mike, Rachel and Lisa Bryk’s team raised an amazing $13,631 in support of this year’s walk and won the “Top Team Fundraising Award” for the second year in a row.

Rachel is a survivor who has told her story and has begun the transformation from victim to survivor. Hear her story at northeasthealth.com/survivors.

Save the Date! The 6th annual event will be held on Saturday, April 27, 2013.
Preparing Students  (continued from page 3)

We’re proud that our students enjoy a near-perfect pass rate on the National Council Licensing Examination. And scores that have been consistently higher than the average pass rate in New York State.

Today, the schools hold two graduations each year, May and December and a total of 100+ graduate nurses enter the workforce annually.

For more information about our schools and alumni associations, visit northeasthealth.com/schools.

AMH Stroke Program Recognized

Congratulations to the physicians and staff at Albany Memorial Hospital on being recognized by the American Heart Association/American Stroke Association with a 2012 Silver Plus Award for excellence in stroke care. The announcement was made in the August 2012 U.S. News and World Report.

The award recognizes Albany Memorial’s commitment and success in implementing a higher standard of stroke care by ensuring stroke patients receive treatment according to nationally accepted standards and recommendations.

Albany Memorial achieved 12 consecutive months of 85 percent or higher adherence to all “Get with the Guidelines” Stroke Performance Achievement indicators, and at least 12 consecutive months of 75 percent or higher compliance with six out of 10 “Get with the Guidelines” Stroke Quality Measures to improve quality of patient care and outcomes.

River of Life 2012

The 2012 River of Life Dinner Dance and Boat Cruise was held on September 13 aboard the Captain J.P. The picture perfect weather was enjoyed by more than 200 attendees. A new record of $36,000 was raised to support the volunteer Alzheimer’s Care Team program available through Eddy Alzheimer’s Services, and caregiver support services at Marjorie Doyle Rockwell Center and Eddy Alzheimer’s Center at Hawthorne Ridge.

Thanks to our lead sponsor:
Standish Community Center Opens

The grand opening celebration of the Standish Community Center on the campus of Eddy Village Green at Cohoes was held on May 15, 2012. The center was made possible by a $400,000 challenge gift from Spencer and Pat Standish. In addition to the Standish’s gift, another $400,000+ was raised from community members, as well as employees of Northeast Health.

Upcoming Event

Mark your calendar for Jewels in the Night – Patient Care Gala 2013

Saturday, January 19, 2013

Marriott Hotel, Wolf Road, Albany

Enjoy dinner, dancing and recognition of the 2013 Founders’ Award honorees.

Proceeds to benefit Albany Memorial and Samaritan hospitals.

For information about supporting any affiliate, contact Northeast Health Foundation at 274-0190, 274-0192 (fax), 2224 Burdett Avenue, Troy, NY 12180. Or, go to northeasthealth.com/foundation.